



TAKEOUT CAFE & CATERING

Breakfast

HAM & CHEESE BREAKFAST BLISS | \$6.95

Double egg, cheddar cheese, ham, tomatoes, mayo, ketchup, mustard, on a brioche bun

DOUBLE EGG TURKEY DELIGHT | \$6.95

Double egg, cheddar cheese, turkey, tomatoes, mayo, ketchup, mustard, on a brioche bun

EEGGCELLENT SPINACH SUNRISE | \$6.95

Double egg, cheddar cheese, spinach, tomatoes, mayo, ketchup, mustard, on a brioche bun

**Add bacon +\$1.50*



Soup

SOUP OF THE DAY | \$6.25

Salads

Selection may vary daily

MEDITERRANEAN CHICKPEA | \$7.95

Hot meals

Veggie option available for all hot meals

BUTTER CHICKEN | \$13.95

SPAGHETTI & MEATBALLS | \$13.95

Sandwiches

CHICKEN SALAD MELT | \$11.95

Chicken salad, swiss cheese, cucumbers, tomatoes, lettuce, mayo, on ciabatta

JAMAICAN JERK CHICKEN MELT | 12.95

Jamaican jerk chicken salad, swiss cheese, cucumbers, tomatoes, lettuce, mayo, on ciabatta

TURKEY MELT | \$11.95

Turkey, swiss cheese, cucumbers, tomatoes, lettuce, mayo, on ciabatta

TURKEY AVOCADO | \$12.95

Turkey, swiss cheese, cucumbers, tomatoes, lettuce, guacamole, mayo, on cranberry sourdough

CHIMICHURRI ROAST BEEF MELT | \$12.95

Roast beef, swiss cheese, sun dried tomatoes, lettuce, mayo, chimichurri, on ciabatta

CROQUE MONSIEUR MELT | \$11.95

Ham, swiss cheese, tomatoes, lettuce, mayo, on ciabatta

TUNA SALAD MELT | \$11.95

Tuna salad, swiss cheese, cucumbers, tomatoes, lettuce, mayo, on ciabatta

EGG SALAD MELT | \$11.95

Egg salad, swiss cheese, cucumbers, tomatoes, lettuce, mayo, on ciabatta

VEGGIE MELT | \$11.95

Swiss cheese, cucumbers, tomatoes, sun dried tomatoes, lettuce, guacamole, mayo, balsamic, on ciabatta

CLUB HOUSE | \$12.95

Turkey, bacon, lettuce, tomatoes and mayonnaise on a ciabatta



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Cold Drinks

	TALL	GRANDE
ICED AMERICANO	\$3.45	\$3.95
ICED LATTE	\$4.50	\$5.45
ICED MATCHA TEA LATTE	\$5.25	\$6.25
ICED MOCHA	\$4.95	\$5.45
ICED CARAMEL MACCHIATO	\$4.95	\$5.45
ICED VANILLA MACCHIATO	\$4.95	\$5.45
ICED TEA	---	\$3.95
LEMONADE	---	\$3.95



Hot Drinks

	TALL	GRANDE
ESPRESSO	\$2.50	---
LUNGO	---	\$3.00
AMERICANO	\$2.95	\$3.75
AMERICANO MISTO	\$3.25	\$3.95
CAPPUCCINO	\$4.25	\$4.75
LATTE	\$4.50	\$5.45
MATCHA LATTE	\$5.25	\$5.95
MOCHA	\$4.95	\$5.45
CARAMEL MACCHIATO	\$4.95	\$5.45
VANILLA MACCHIATO	\$4.95	\$5.45
HOT CHOCOLATE	\$4.25	\$4.95
TEA	\$3.75	\$3.75
CHAI LATTE	\$4.75	\$5.75
LONDON FOG	\$4.75	\$5.75

**Substitute for Oat Milk +\$1.50*

Healthy Snacks

YOGURT PARFAIT | \$5.25

CHIA PUDDING | \$5.75

AVOCADO TOAST | \$6.95

Smashed avocado, tomatoes, cilantro, topped with a balsamic drizzle, on sourdough
**Add an egg +\$2*

Smoothies

COMING SOON

Protein Shakes

CHUNKY MONKEY | \$8.95

Peanut butter, Banana, Chocolate Protein Powder, Flax Seeds, Milk

STRAWBERRIES & CREAM | \$8.95

Strawberries, Vanilla Protein Powder, Hemp Hearts, Milk

BISCOFF CRUNCH | \$8.95

Biscoff, Vanilla Protein Powder, Flax Seed, Milk

**Substitute for Oat Milk +\$1.50*

Savory Delights

SAMOSA | \$2.95

Chicken / Beef / Veggie

SAUSAGE ROLL | \$3.95

Chicken / Beef

Sweet Treats

BANANA LOAF | \$4.25

LEMON LOAF | \$4.95

SCONE | \$4.25

BISCOFF BRÛLÉE CROISSANT | \$5.25

CHOCOLATE CROISSANT | \$4.25

JUMBO COOKIE | \$3.95

MILLIONAIRE BAR | \$3.95

DESSERT BAR | \$4.25

AFFOGATO | \$4.95

